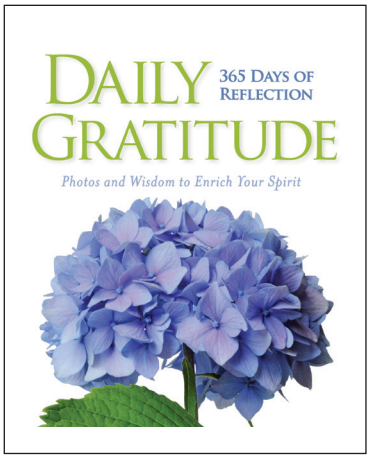
Daily Gratitude

365 days of reflection

Photos and wisdom to enrich your spirit



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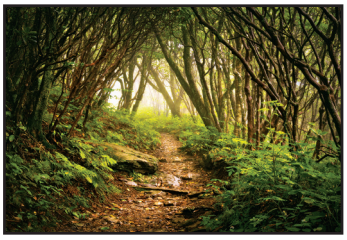
The third entry in National Geographic's popular page-a-day series combines uplifting words of wisdom and stunning photographs into a yearlong celebration of life's blessings, large and small.

Filled with striking, natural-world photographs and insightful quotations, National Geographic's latest inspirational book takes on the most timeless and universal of topics: gratitude. Illuminating the elements, large and small, that make life precious, this book invites readers to savour what's really important – from friends and family to adventure and success to the simple comforts of home. Aimed at anyone interested in celebrating, reflecting on, and sharing the gift of appreciation, this beautiful book will be a keepsake to treasure every day of the year.



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