A Homegrown Table

FOOD TO EAT WITH FAMILY AND FRIENDS

EMMA DEAN

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Winner of MasterChef Australia series 5, Emma Dean brings local produce to the table with her debut cookbook: **A Homegrown Table: food to eat with family and friends.**

With her first collection of recipes, with a farm-to-table approach to food and her earthy style, Emma uses locally grown or foraged food to create wonderful dishes you'll love to share at any time of the day.

Growing up on hobby farm, Emma's love of everything fresh and seasonal began at an early age. Both Emma's parents taught her and her sister to cook seasonally, how to knead bread and how to grow food. She combines the familiar with the unusual, showcasing different cuts of meat, heirloom vegetables and wild greens.

"I have a passion for all things planting, growing and harvesting. For as long as I can remember I have been rummaging around in the garden beds, learning to appreciate nature's bounty and understanding the seasons".

With over 80 delicious recipes from breakfast, lunch, afternoon tea and dinner to sweets, you're bound to find something to tempt your taste buds.

Try Emma's most amazing bircher muesli, scrambled duck eggs with smoked salmon on homemade bread or her very own foraged plate of steak tartare with artichoke chips and nasturtium leaves or her Grannies Yo Yo's.

You'll delight in these amazing recipes and discover that seasonal produce, treated with love, will always be the most delicious.

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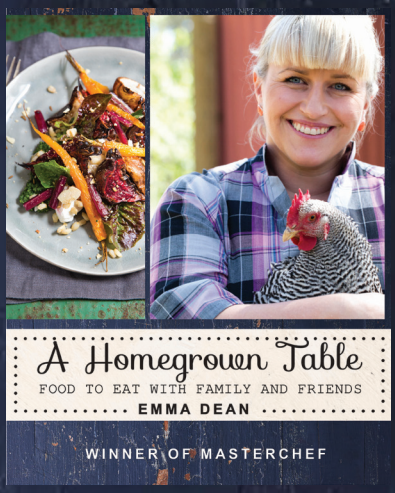
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